

Negative Pressure and Vibration for the treatment of Lipedema

May 19th 2021 - 3 pm CEST, 4 pm EEST

Guest Speaker Louisa Boyd OTR/CLT-LANA

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Key takeaways:

An overview of the Lipedema research of Dr. Karen Herbst
Principles of Negative Pressure and Vibration Therapy
Application of Negative Pressure and Vibration features with a patient.

Research highlights Lipedema as a connective tissue disorder. The use of negative pressure therapy for soft tissue mobilization, disruption of adipocyte formation and lymphatic reabsorption is recognized as an integral part of comprehensive management of this condition. Vibration in combination with negative pressure therapy can be an added benefit for both pain modulation and lymph reabsorption. Healthcare professionals will learn aspects for application of negative pressure and vibration through video demonstrations and patient experience.



Louisa Boyd is an Occupational Therapist that specialized in Lymphedema and breast cancer rehabilitation. She is on the board of directors of Lymphology Association of North America.

Relief from Lipedema